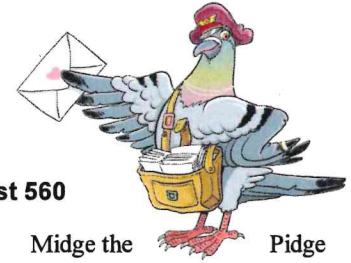




American Legion Garden Oaks Post 560 "The Dispatch"



Providing up-to-date bits, bytes, and the buzz from Post 560

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Midge the Pidge

3 MAY • DONATION TO OUR POST FOR VETERANS



Sending a **HUGE Thank You** to Berkshire Hathaway HomeServices Meadows Mountain Realty in Highlands, North Carolina. They sent the **BHHS Houston office** funds for community and veteran assistance following the Texas snow storm in February! **Stacy Mathews, Tracy Mathews, and Martha Mears** dropped by Post 560 to deliver a check. Our Finance Officer Donald Cleveland was on deck to receive it. What an unexpected blessing!

11, 18, 25 JUNE • FREE LINE DANCING CLASSES



From **9:30 to 10:30 am on Fridays**, Post 560 hosted beginners and more advance dancers in our Hall. The instructor taught a variety of line dance routines to an assortment of music styles. Through out **July and August**, the **classes will continue on Fridays** and our Legion Family and neighbors (men and women) are invited to join in, too.

Why try Line Dancing? A doctor would tell you it is a perfect form of aerobic exercise for young adults to seniors which can help maintain a healthy heart. We know it's also a great way to meet and make new friends while having a lot of fun. We hope to see you soon!